



best foot forward

Walking for Health Walsall

Every Tuesday 10 am-10.30 am
Arrive 15 mins early

Walsall Arboretum
Meet at the Visitors Centre
WS4 2BU

For People Living with and Beyond Cancer

Contact the Lifestyle Link 01922 444044
or email Becky at FeelGood.MoveMore@nhs.net



Supporting you to
get active and stay active

